



Level Descriptions

Ages 3 to 5	PS1	Introduction to swimming for non-swimmers with an emphasis on basic motor skills, face in the water, blowing bubbles, holding breath, going underwater, and jumping into the water. This class takes place in the small pool.
	PS2	For swimmers who are comfortable, confident, and going underwater and jumping into the pool. This class will focus on teaching unassisted swimming. This class takes place in the small pool.
	PS3	For swimmers who can swim unassisted for 5 feet with their face in the water. This class will focus on beginner's front crawl, arm recovery, independent breathing, and introduction to backstroke. This class takes place in the small pool.
	PS4	For swimmers who can swim at least 15 feet independently of freestyle and backstroke, and are ready for advanced technique in these strokes and rotary breathing. This class takes place partly in the lap pool and partly in the small pool.
Ages 6 to 12	GS1	Introduction to swimming for non-swimmers with an emphasis on basic motor skills, face in the water, blowing bubbles, holding breath, going underwater, and jumping into the water. This class takes place in the small pool.
	GS2	For swimmers who can swim at least 15 feet unassisted of freestyle and backstroke. This class will focus on rotary breathing, endurance, and advanced technique. This will take place partly in the lap pool with an instructor on deck and partly in the small pool with an instructor in-water.
	GS3	For swimmers who can swim 25 yards of freestyle and backstroke and are ready for more advanced techniques in those strokes as well as an introduction to butterfly and breaststroke.
	PC	Teaches butterfly and breaststroke and focuses on legal techniques of all four competitive strokes. Introduces block diving, flip-turns, and other skills to prepare them for competitive swimming.



Private Lessons

Private Lessons are available for ages 2 to adult and are able to accommodate any skill set or specific goal.

Lessons are 30 minutes long and are one-on-one with an instructor. They are scheduled around group classes and instructor availability.

1:1 Private Lessons are \$50 each. If you purchase a bundle of 3 or more, they are \$45 each.

Semi-Private lessons are also available for ages 2 to adult. Swimmers should be at a similar skill set.

Lessons are 30 minutes long and are able to accommodate up to 3 swimmers with one instructor. They are scheduled around group classes and instructor availability.

2:1 semi-private lessons are \$60 each. 3:1 semi-private lessons are \$72 each. We are able to split these costs between families.

Please email us at roswell@swimatlanta.com with your detailed availability and swimmer ability and we will get you scheduled.