SWAT Mt. Bethel Practice Schedule

Thanksgiving Break November 25th-30th

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|------------------------------|------------------------------|------------------------------|----------|-------------|-------------|
| Senior Elite | 7:00-8:30am 10:30-12:00pm | 7:00-8:30am 10:30-12:00pm | 7:00-8:30am 10:30-12:00pm | - | 7:00-9:00am | 7:00-9:00am |
| Senior 1 | 7:00-8:30am 10:30-12:00pm | 7:00-8:30am 10:30-12:00pm | 7:00-8:30am 10:30-12:00pm | - | 7:00-9:00am | 7:00-9:00am |
| Senior 2 | 10:30-12:00pm | 10:30-12:00pm | 10:30-12:00pm | - | 7:30-9:00am | 7:30-9:00am |
| High School | 7:00-8:30am | 7:00-8:30am | 7:00-8:30am | - | - | - |
| High School 2 | 7:00-8:30am | 7:00-8:30am | 7:00-8:30am | - | - | - |
| Age | 8:15-9:30am | 8:15-9:30am | 8:15-9:30am | - | 7:45-9:00am | 7:45-9:00am |
| Silver | 9:30-10:30am | 9:30-10:30am | 9:30-10:30am | - | - | - |
| Bronze | 9:30-10:30am | 9:30-10:30am | 9:30-10:30am | - | - | - |
| Blue | 9:30-10:30am | 9:30-10:30am | 9:30-10:30am | - | - | - |
| Red | 10:45-11:30am | 10:45-11:30am | 10:45-11:30am | - | - | - |
| Masters | 5:30-7:00am | 5:30-7:00am | 5:30-7:00am | - | 5:30-7:00am | - |

Contact Coach Pat or Coach Tyler for questions!

pateddy@swimatlanta.com tyler@swimatlanta.com