



**Parent & Student Protocol**

1. Family members that are not registered for classes may NOT be in the pool during lessons. The pool opens at 10am. You must exit the pool and reenter through the park's entrance before getting in the pool.
2. Classes will continue in the rain if there is not lightening or thunder along with the rain. In the case of pool closure due to lightening or thunder you may either: 1) receive a credit that is good for the entire summer, 2) receive a refund for the day(s) of classes missed. These options are NOT available if there is no lightening or thunder and the class continues in the rain.
3. Parents will observe from a distance and not interact with the child during class.
4. All registration must be done with a SwimAtlanta employee.
5. All class cancelations must be done before 48 hours prior to the start of the class. If you cancel after the 48-hour mark there is a \$25 cancellation fee.
6. If you are the sole registrant in a class, you will be offered the following options: 1) Move to another time with other children, 2) Choose another set of dates, 3) Cancel the class, 4) Have the class shortened to 30 minutes with only your student.
8. Students do not automatically move up the next level every session. Promotion to an advanced level is awarded once all the skills are mastered for the current level. It is customary for students to continue in a particular level for multiple sessions. All students learn at a different pace.
9. For all classes a swimsuit and towel are required. Goggles are recommended but not required.
10. Skill knowledge and performance are evaluated on the first day to ensure all students are properly placed. If the instructor recommends a different placement, please handle that with SwimAtlanta immediately to secure your spot.
11. Non-Potty-Trained children must follow the facility's rules for this matter (3 layers must be worn).
12. If you miss a class due to illness, with a doctor's note we will issue you a full credit to be used toward payment of your next session.

SwimAtlanta strives to keep a safe, family-friendly environment. In the circumstance that management feels someone is putting themselves in danger, putting others in danger, demonstrating inappropriate behavior, abusing the facility, or becoming aggressive toward the staff or other customers, that person will be asked to leave the facility and their registration will be terminated. Management reserves the right to terminate registration at any point. In this event, an adjusted refund will be offered.

By signing below, I agree that I have read, understand, and will abide by the policies and procedures as stated by SwimAtlanta.

Customer Electronic: Signature:

Date:

Name(s) of child/children:

## Participation Waiver and Concussion Waiver- Required for All Participants

By registering my child(ren) with **SwimAtlanta**, I agree to participate (or allow my child(ren) and family members to participate) in the **SwimAtlanta** program, and hereby release **SwimAtlanta**, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself (or to my child(ren) and family members) while participating in the **SwimAtlanta** program, including travel to and from training sessions, swim meets or other scheduled team activities. I agree to indemnify and hold harmless the above mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) are participating in the **SwimAtlanta** program.

What is a concussion? A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

### Symptoms may include one or more of the following:

Headaches | “Pressure in head” | Nausea or vomiting | Neck pain | Balance problems or dizziness | Blurred, double, or fuzzy vision | Sensitivity to light or noise | Amnesia | “Don’t feel right” | Fatigue or low energy | Sadness | Nervousness or anxiety | Irritability | More emotional | Feeling sluggish or slowed down | Feeling foggy or groggy | Drowsiness | Change in sleep patterns | Confusion | Concentration or memory problem (forgetting game plays) | Repeating the same question/comment

### Signs observed by teammates, parents and coaches include:

Appears dazed | Vacant facial expression | Confused about assignment | Forgets plays | Is unsure of game, score, or opponent | Slurred speech | Shows behavior or personality changes | Can’t recall events prior to hit | Can’t recall events after hit | Seizures or convulsions | Moves clumsily or displays un- coordination | Answers questions slowly | Any change in typical behavior or personality | Loses consciousness

**What can happen if my child keeps on playing with a concussion or returns too soon?** Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete’s safety.

**What to do if you think your child has suffered a concussion:** Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new “Zackery Lystedt Law” in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years: “a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time” **and** “...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider”. You should also inform your child’s coach if you think that your child may have a concussion. Remember, it’s better to miss one game than miss the whole season. And when in doubt, the athlete sits out. For current and up-to-date information on concussions you can go to [www.cdc.gov/concussioninyouthsports](http://www.cdc.gov/concussioninyouthsports).

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Date:

Name(s) of child/children: