

New to swimming, or want to improve your swimming skills? Our experienced instructors will guide you step by step.

# FOR INFORMATION :

- sugarloafswimschool@swimatlanta.com
- 🛞 www.swimatlanta.com
- 678-442-7946

<u>4850 Sugarloaf</u> <u>Parkway, Suite 702</u> <u>Lawrenceville, GA</u> <u>30044, USA</u>

# Program Features:

- Ages 2 and up
- Indoor Pools
- 10% discount online
- No registration fee!

MONTHLY ENROLLMENT STARTING AT \$125



# **SUGARLOAF** *Swim School* Progressive Swim Levels and Schedules



#### **TOT + PARENT:** 2-3 year olds Sat. AM 9:00 | Sun. AM 11:20, 4:30

REGISTRATION LINK



### **PRE-SCHOOL:** 3-5 year olds

**Levels PS1-PS2: Intro, Novice** Mon. or Wed. PM 4:00, 5:40, 6:30 Tue. or Th. PM 4:00, 5:40, 6:30 Sat. AM 9:50, PM 12:30 | Sun. PM 12:10, 3:40



**Level PS3: Intermediate** Mon. or Wed. PM 4:50 Tue. or Th. PM 6:30 Sat. PM 1:20 | Sun. PM 1:00



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Level PS4: Advanced

Tue. or Th. PM 4:50 Sat. AM 11:30

# **GRADE SCHOOL:** 6-12 year olds

Level GS1: Intro Mon., Tue., Wed., or Th. PM 4:50, 5:40, 7:20 Sat. AM 10:40, PM 1:20 | Sun. PM 12:10, 1:50, 2:50

## Level GS2: Intermediate

Mon. or Wed. PM 4:50, 6:30 Tue. or Th. PM 6:30 Sat. AM 9:00, PM 2:10 | Sun. PM 2:50

### Level GS3: Advanced

Mon. or Wed. PM 5:40 Tue. or Th. PM 7:20 Sat. AM 10:40 | Sun. PM 1:00

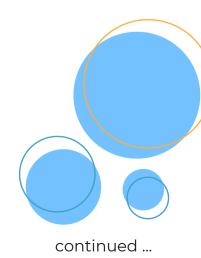
## PRE-COMPETITIVE: 6-12 year olds

#### Level PC1: Elite

Mon. or Wed. PM 6:30 Tue. or Th. PM 4:50 Sat. AM 11:30 | Sun. PM 1:50

#### Level PC2: Elite

Mon. or Wed. PM 7:20 Tue. or Th. PM 5:40 Sat. PM 12:30 | Sun. PM 3:40





# SUGARLOAF Swim School Progressive Swim Levels and Schedules... continued



#### TEEN/ ADULT: 13+ year olds Level: Adult Beginner Mon. or Wed. PM 8:10 Sun. AM 11:20. PM 4:30

Level: Adult Intermediate 'U Sat PM 2.10





Level: Advanced Stroke Clinic (L) Tue. or Th. PM 8:10



# **SUGARLOAF Lap Swim & Masters** Self-led & Coach-led Fitness Training

# TEEN/ ADULT: 13+ year olds

LAP SWIM: Experienced Swimmers Mon.-Fri. AM 9:00 to PM 2:00 Sat. PM 12:00 to PM 3:00 | Sun. AM 11:00 to PM 4:00

Self-quided Fitness Swim

Sign-in at office/shop

Pay as you go \*free for Swim School students



# TEEN ADULT: 18+ year olds

MASTERS: Experienced Swimmers Mon.-Fri. PM 12:00-1:00

Coach-guided Fitness + Competition Swimming

**Register** online

SwimAtlanta Swim Team Registration Link 

Scot@swimatlanta.com