

The Sugarloaf Master's Swim program is open to all adult swimmers, aged 18 & over (fitness, tri-athlete, competitive and non-competitive), who are wanting to improving their fitness through swimming. All levels of swimmers are welcome to join and swim with us.

The practice schedule is as follows:

Tuesday, Thursday, Friday Morning 5:30-7:00am

Monday-Friday 12:00-1:00pm

Saturday 9:00-10:30am

Price is \$77 per month.