

## 2025-2026 SwimAtlanta East COBB Practice Schedule and Fees

**[Tuition is billed in 9 monthly installments] [See financial policy for details]**

<b>Team Jan. 5th – May 22<sup>nd</sup> 2111 Old Canton Rd. Marietta GA, 30062</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Tuition</b>
<b>Senior Elite:</b> training to perfect skills for top level swimmer. Includes indoor dryland and strength training. Recommend 6-8 practices per week.	3:30-5:45pm	3:30-5:45pm 5:30-7:00am	3:30-5:45pm	3:30-5:45pm 5:30-7:00am	3:45-5:45pm	7:00-9:30am	<b>\$379</b>
<b>Senior I:</b> designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. Recommend 5-6 practices per week.	3:30-5:45pm	3:30-5:45pm 5:30-7:00am	3:30-5:45pm	3:30-5:45pm	3:34-5:45pm	7:00- 9:00am	<b>\$350</b>
<b>Senior II:</b> provides committed and motivated young swimmers an opportunity to practice more and improve more rapidly. Recommend 4-5 practices per week.	5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm	5:30-6:45pm 5:30-7:00am	4:30-5:45pm	9:00am-10:30am	<b>\$295</b>
<b>High School:</b> consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition.	5:30-7:00pm	none	5:30-7:00pm	none	none	9:00-10:30am	<b>\$192</b>
<b>High School II:</b> consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition	none	5:30-7:00pm	none	5:30-7:00pm	none	9:00-10:30am	<b>\$192</b>
<b>Age Group Elite:</b> offers more advanced young swimmers an opportunity to improve stroke and turn techniques and begin conditioning.	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:15-7:30pm	none	9:00-10:30am	<b>\$270</b>
<b>Silver:</b> provides seriously committed young swimmers an opportunity to practice and achieve excellence. Pick 4 days per week.	5:45pm-6:45pm	5:45-6:45pm	5:45-6:45pm	5:45-6:45pm	none	10:15-11:15am	<b>\$225</b>
<b>Bronze:</b> is an intermediate level practice group that introduces swimmers to conditioning techniques.	3:15-4:15p,	none	3:15 - 4:15pm	none	none	10:15-11:15am	<b>\$205</b>
<b>Blue:</b> is a beginning level practice group that emphasizes stroke and turn techniques.	none	3:15-4:15pm	none	3:15-4:15pm	none	10:15-11:15pm	<b>\$189</b>
<b>Red:</b> is designed to start young swimmers into the sport of swimming while allowing maximum flexibility for other activities.	3:15 - 4:00pm	none	3:15 - 4:00pm	none	none	10:15-11:15am	<b>\$179</b>
<b>Masters:</b> Billed in 11 monthly instalments. Sept - July. *	5:00 - 6:30am	none	5:00 - 6:30am	none	5:00 - 6:30am	none	<b>\$59</b>