

2024-2025 SwimAtlanta MT. BETHEL (COBB) Practice Schedule and Fees

[Tuition is billed in 9 monthly installments] [See financial policy for details]

Team (practice starts August 19 th , 2024)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
Senior Elite: training to perfect skills for top level swimmer. Includes indoor dryland and strength training.	4:00-6:30pm 5:00-6:30am	4:00-6:30pm	4:00-6:30pm 5:00-6:30am	4:00-6:30pm	4:00-6:30pm 5:00-6:30am	7:00-9:30am	\$375
Senior I: designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices.	4:00-6:15pm 5 to 6:30am	4:00-6:30pm	4:00- 6:15pm 5 to 6:30am	4:00- 6:30pm	4:00-6:30pm	7:00- 9:00am	\$350
Senior II: provides committed and motivated young swimmers an opportunity to practice more and improve more rapidly.	5:00-6:30pm 5 to 6:30am	4:30-6:30pm	5:00pm-6:30pm 5 to 6:30am	4:30- 6:30pm	4:45pm- 6:30pm	7:00- 9:00am	\$299
High School: consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition.	none	5:00 6:30pm	none	5:00 -6:30pm	none	7:30- 9:00am	\$192
High School II: consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition	5:00 6:30pm	none	5:00 6:30pm	none	none	7:30- 9:00am	\$192
Age Group Elite: offers more advanced young swimmers an opportunity to improve stroke and turn techniques and begin conditioning.	6:00- 7:30pm	6:00-7:45pm	6:00-7:30pm	6:00- 7:45pm	none	7:00-9:00am	\$270
Silver: provides seriously committed young swimmers an opportunity to practice and achieve excellence. Pick 4 days per week.	6:30pm- 7:30pm	6:30pm- 7:45pm	6:30pm-7:30pm	6:30pm- 7:45pm	3:45pm to 4:45pm	9:00-10:00am	\$225
Bronze: is an intermediate level practice group that introduces swimmers to conditioning techniques.	3:45- 4:45pm	none	3:45- 4:45pm	none	3:45-4:45pm	9:00- 10:00am	\$205
Blue: is a beginning level practice group that emphasizes stroke and turn techniques.	none	3:30-4:30pm	none	3:30- 4:30pm	none	9:00- 10:00am	\$189
Red: is designed to start young swimmers into the sport of swimming while allowing maximum flexibility for other activities.	3:30- 4:15pm	none	3:30- 4:15pm	none	none	10:00-10:45am	\$179
Masters: Billed in 11 monthly instalments. Sept - July. *	5:00am to 6:30am	none	5:00am to 6:30am	none	5:00am to 6:30am	none	\$59*