2025-2026 SwimAtlanta East COBB Practice Schedule and Fees [Tuition is billed in 9 monthly installments] [See financial policy for details]												
Team AUGUST 25 th – SEPTEMBER 28 th 2111 Old Canton Rd. Marietta GA, 30062	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Tuition				
Senior Elite: training to perfect skills for top level swimmers. Includes indoor dryland and strength training. Recommend 6-8 practices per week.	5:30- 7:00am 4:00-6:00pm	5:30-7:00am 4-6pm @ Mt.View	5:30- 7:00am 4:00-6:00pm	5:30- 7:00am 4:15-6:15pm	none	7:00- 9:00am	7:00- 8:30am	\$379				
Senior I: designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. Recommend 5-6 practices per week.	5:30-7:00am 4:45-6:15pm	5:30-7:00am 4-6pm @ Mt.View	5:30-7:00am 4:30-6:15pm	5:30-7:00am 4:45-6:15pm	none	7:00- 9:00am	7:00- 8:30am	\$350				
Senior II: provides committed and motivated young swimmers an opportunity to practice more and improve more rapidly. Recommend 4-5 per week.	5:30 - 6:45pm	6:00 -7:00am	5:30 -6:45pm	6:00-7:00am 5:30-6:45pm	none	7:00- 9:00am	7:00- 8:30am	\$295				
High School : consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity o participate in USS competition.	5:30-6:30pm	none	none	5:30-6:30pm	none	7:30- 9:00am	none	\$192				
ligh School II: consists of a competition group of high school age wimmers whose training is focused on preparation for high school meets, with the portunity to participate in USS competition	5:30 - 6:30pm	none	5:30- 6:30pm	none	none	7:30- 9:00am	none	\$192				
Age Group Elite: offers more advanced young swimmers an opportunity to mprove stroke and turn techniques and begin conditioning.	6:30 - 8:00pm	6:00- 7:00am	6:30- 8:00pm	6:00- 7:00am	none	7:30- 9:00am	none	\$270				
Silver: : provides seriously committed young swimmers an opportunity to practice and achieve excellence. Pick 4 days per week.	6:45pm-7:45pm	none	6:45pm- 7:45pm	6:45pm- 7:45pm	none	9:00- 10:00am	8:30- 9:30am	\$225				
Bronze : is an intermediate level practice group that introduces swimmers to onditioning techniques.	3:45 - 4:45pm	none	none	3:45 - 4:45pm	none	9:00- 10:00am	8:30- 9:30am	\$205				
Blue : is a beginning level practice group that emphasizes stroke and turn echniques.	none	none	3:30-4:30pm	3:15- 4:15pm	none	9:00- 10:00am	none	\$189				
Red : is designed to start young swimmers into the sport of swimming while llowing maximum flexibility for other activities.	3:15 - 4:00pm	none	3:15 - 4:00pm	none	none	10:00- 10:45am	none	\$179				
Masters : Billed in 11 monthly instalments. Sept - July. *	5:00am to 6:30am	none	5:00am to 6:30am	none	5:00am to 6:30am	none	none	\$59				

2025-2026 SwimAtlanta East COBB Practice Schedule and Fees [Tuition is billed in 9 monthly installments] [See financial policy for details]											
Team <mark>September 29th – May 22nd</mark> 2111 Old Canton Rd. Marietta GA, 30062	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition				
Senior Elite: training to perfect skills for top level swimmer. Includes indoor dryland and strength training. Recommend 6-8 practices per week.	5:30- 7:00am 4:00-6:15pm	4:00-6:15pm	5:30- 7:00am 4:00-6:15pm	4:00-6:15pm	5:30- 7:00am	7:00-9:00am	\$379				
Senior I: designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. Recommend 5-6 practices per week.	5:30-7:00am 4:15-6:15pm	4:15-6:15pm	5:30-7:00am 4:15-6:15pm	4:15-6:15pm	5:30-7:00am	7:00- 9:00am	\$350				
Senior II: provides committed and motivated young swimmers an opportunity to practice more and improve more rapidly. Recommend 4-5 practices per week.	5:30 - 6:45pm	5:30 - 6:45pm	5:30 - 6:45pm	5:30 - 6:45pm	none	7:00-8:45am	\$295				
High School : consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition.	none	5:15-6:15pm	none	5:15-6:15pm	none	7:30- 9:00am	\$192				
High School II: consists of a competition group of high school age swimmers whose training is focused on preparation for high school meets, with the opportunity to participate in USS competition	5:15-6:15pm	none	5:15-6:15pm	none	none	7:30- 9:00am	\$192				
Age Group Elite: offers more advanced young swimmers an opportunity to improve stroke and turn techniques and begin conditioning.	6:00 - 7:30pm	6:00 - 7:30pm	6:00 - 7:30pm	6:00 - 7:30pm	none	7:00-8:30am	\$270				
Silver: : provides seriously committed young swimmers an opportunity to practice and achieve excellence. Pick 4 days per week.	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	6:30-7:30pm	none	9:00-10:00am	\$225				
Bronze : is an intermediate level practice group that introduces swimmers to conditioning techniques.	3:45 - 4:45pm	none	3:45 - 4:45pm	none	none	9:00- 10:00am	\$205				
Blue : is a beginning level practice group that emphasizes stroke and turn techniques.	none	3:30-4:30pm	none	3:30-4:30pm	none	9:00- 10:00am	\$189				
Red : is designed to start young swimmers into the sport of swimming while allowing maximum flexibility for other activities.	3:15 - 4:00pm	none	3:15 - 4:00pm	none	none	10:00-10:45am	\$179				
Masters: Billed in 11 monthly instalments. Sept - July. *	5:00 - 6:30am	none	5:00 - 6:30am	none	5:00 - 6:30am	none	\$59				