

2023 Swim Atlanta – Hamilton Mill

Summer Practice Schedule

Begins: Friday, May 26th

Last Day of Practice: Friday, July 21ST

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior/Pre-Senior/Age Group	10:30AM – 12:30PM @Sugarloaf	@Hamilton Mill 8:00AM – 10:00AM <u>AND</u> <u>Dryland & Swimming</u> 2:30PM – 4:00PM	10:30AM – 12:30PM @Sugarloaf	@Hamilton Mill 8:00AM – 10:00AM <u>AND</u> <u>Dryland & Swimming</u> 2:30PM – 4:00PM	10:30AM – 12:30PM @Sugarloaf	8:00AM – 10:00AM @Hamilton Mill
Junior	5:15– 6:15PM	5:15– 6:45PM Bring Dryland clothes! 5:15PM – 6:45PM	5:15– 6:15PM	5:15– 6:45PM Bring Dryland clothes! 5:15PM – 6:45PM	No Practice	No Practice
Bronze 1 & 2	4:15– 5:15PM	4:15– 5:15PM	4:15– 5:15PM	4:15– 5:15PM <i>Starts & Turns</i>	No Practice	No Practice
Blue	3:30 – 4:15PM	3:30 – 4:15PM	3:30 – 4:15PM	3:30 – 4:15PM <i>Starts & Turns</i>	No Practice	No Practice
Lap Swim	Check with Swim Shop Office	Check with Swim Shop Office	Check with Swim Shop Office	Check with Swim Shop Office	Check with Swim Shop Office	Check with Swim Shop Office

Please Note: *This schedule is strictly tentative and may change*