

SwimAtlanta - Johns Creek

2025 Summer Practice Schedule

Schedule Starts 5/23 & Ends 7/23

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|---------------------------------------------|---------------------|---------------------------------------------|---------------------|-----------------------|------------------------------|
| Senior Select & 1 | 7:00-9:00am (CAC) 1:00-3:00pm (JC) | 7:00-9:00am (JC) | 7:00-9:00am (CAC) 1:00-3:00pm (JC) | 7:00-9:00am (JC) | 9:00-11:00am (CAC) | 7:00-9:00am (Roswell) |
| Senior Gold & Silver | 3:00-4:30pm (JC) | 3:00-4:30pm (JC) | 3:00-4:30pm (JC) | No Practice | 9:00-11:00am (CAC) | No Practice |
| AG Summer Select | 5:00-6:30pm (CAC) | 5:30-7:00pm (JC) | 5:00-6:30pm (CAC) | No Practice | 9:00-11:00am (CAC) | 10:30-12:00pm (Sugarloaf) |
| Advance Age Group (AAG) | 5:30-6:30pm (JC) | 5:30-7:00pm (JC) | 5:30-6:30pm (JC) | No Practice | 9:00-11:00am (CAC) | 10:30-12:00pm (Sugarloaf) |
| Age Group | 5:30-6:30pm (JC) | 5:30-6:30pm (JC) | 5:30-6:30pm (JC) | No Practice | No Practice | 10:30-12:00pm (Sugarloaf) |
| Senior 2 | 3:00-4:30pm (JC) | 3:00-4:30pm (JC) | 3:00-4:30pm (JC) | No Practice | No Practice | No Practice |
| Blue | 6:30-7:15pm (JC) | 7:00-7:45pm (JC) | 6:30-7:15pm (JC) | No Practice | No Practice | No Practice |
| White | 4:30-5:30pm (JC) | 4:30-5:30pm (JC) | 4:30-5:30pm (JC) | No Practice | No Practice | No Practice |
| Red | 4:30-5:30pm (JC) | 4:30-5:30pm (JC) | 4:30-5:30pm (JC) | No Practice | No Practice | No Practice |

CAC = Cumming Aquatic Center / **JC** = SWAT Johns Creek / **Roswell** = Roswell Rec Pool / **Sugarloaf** = SwimAtlanta Sugarloaf

No practice for all groups May 26 and July 4