

SwimAtlanta - Johns Creek

2024 Summer Practice Schedule

Schedule Starts 5/24 & Ends 7/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Select	7:00-9:00am (CAC) 1:00-3:00pm (JC)	7:00-9:00am (JC)	7:00-9:00am (CAC) 1:00-3:00pm (JC)	7:00-9:00am (JC)	9:00-11:00am (CAC)	7:00-9:00am (Roswell)
Senior 1	7:00-9:00am (CAC) 1:00-3:00pm (JC)	7:00-9:00am (JC)	7:00-9:00am (CAC) 1:00-3:00pm (JC)	7:00-9:00am (JC)	9:00-11:00am (CAC)	7:00-9:00am (Roswell)
Senior	3:00-4:30pm (JC)	3:00-4:30pm (JC)	3:00-4:30pm (JC)	No Practice	9:00-11:00am (CAC)	9:00-10:30am (JC)
Advance Age Group (AAG)	5:30-7:00pm (JC)	5:30-7:00pm (JC)	5:30-7:00pm (JC)	No Practice	5:00-6:00pm (JC)	9:00-10:30am (JC)
Age Group Gold & Silver	4:30-5:30pm (JC)	4:30-5:30pm (JC)	4:30-5:30pm (JC)	No Practice	4:00-5:00pm (JC)	No Practice
Senior 2	7:00-8:00pm (JC)	7:00-8:00pm (JC)	7:00-8:00pm (JC)	No Practice	No Practice	10:30-11:30am (JC)
Blue	7:00-7:45pm (JC)	7:00-7:45pm (JC)	7:00-7:45pm (JC)	No Practice	No Practice	10:30-11:30am (JC)
White	4:30-5:30pm (JC)	4:30-5:30pm (JC)	4:30-5:30pm (JC)	No Practice	4:00-5:00pm (JC)	No Practice
Red	3:45-4:30pm (JC)	3:45-4:30pm (JC)	3:45-4:30pm (JC)	No Practice	No Practice	No Practice

CAC = Cumming Aquatic Center / **JC** = SWAT Johns Creek

- **No practice for all groups May 27 and July 4**
- Red, White, Blue Groups can come any day practice is offered during the summer.