

# SwimAtlanta - Johns Creek

## 2023 Summer Practice Schedule

Schedule Starts 5/26 & Ends 7/20

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Senior Select</b>	7:00-9:00am (CAC) 2:15-4:15pm (JC)	6:00-8:00am (JC)	7:00-9:00am (CAC) 2:15-4:15pm (JC)	6:00-8:00am (JC)	9:00-11:00 (CAC)	10:00-12:00pm (CAC)
<b>Senior 1</b>	7:00-9:00am (JC) 5:00-7:00pm (CAC)	5:00-7:00pm (CAC)	7:00-9:00am (JC) 5:00-7:00pm (CAC)	7:00-8:30am (CAC)	9:00-11:00am (CAC)	10:00-12:00pm (CAC)
<b>Senior Prep</b>	9:00-10:30am (JC)	9:00-10:30am (JC) 5:00-7:00pm (CAC)	9:00-10:30am (JC)	7:00-8:30am (CAC)	9:00-11:00am (CAC)	10:00-12:00pm (CAC)
<b>Advance Age Group (AAG)</b>	9:00-10:30am (JC)	9:00-10:30am (JC)	9:00-10:30am (JC)	No Practice	10:45-12:00pm (JC)	No Practice
<b>Age Group</b>	5:00-6:00pm (JC)	5:00-6:00pm (JC)	5:00-6:00pm (JC)	No Practice	10:45-12:00pm (JC)	No Practice
<b>Senior 2</b>	6:00-7:00pm (JC)	6:00-7:00pm (JC)	6:00-7:00pm (JC)	No Practice	9:00-10:00am (JC)	No Practice
<b>Blue</b>	7:00-7:45pm (JC)	7:00-7:45pm (JC)	7:00-7:45pm (JC)	No Practice	10:00-10:45am (JC)	No Practice
<b>White</b>	4:15-5:00pm (JC)	4:15-5:00pm (JC)	4:15-5:00pm (JC)	No Practice	10:00-10:45am (JC)	No Practice
<b>Red</b>	3:45-4:15pm (JC)	3:45-4:15pm (JC)	3:45-4:15pm (JC)	No Practice	10:00-10:45am (JC)	No Practice

**CAC** = Cumming Aquatic Center / **JC** = SWAT Johns Creek

- **No practice for all groups May 29 and July 4**
- Home School see Coach Jeff for correct practice group.