



Where are you located?

4850 Sugarloaf Pkwy., Suite 702, Lawrenceville, GA 30044.

In the Sugarloaf Crossing shopping plaza.

Across the street from Chipotle, Panera and Arby's. Near Publix Super Market.

Pool entrance is on the end, just past Lawrenceville Pediatric Dentistry.

Parking lot borders Cruse Road and Old Norcross Road.

Do you offer private lessons?

Not currently. We only have group lessons available.

What do I need for class?

- **Adults and children as young as 3:** swimsuit, towel, and goggles.
- **Ages 2 and under** (or non-potty trained): disposable swim **diaper**, plastic swim **diaper cover**, swimsuit, towel (no goggles)

When should I arrive for class?

Five (5) minutes early, at least. Earlier if you need to change clothes, use the restroom, or purchase equipment in our swim shop.

Can I drop off my child?

- **No, for students ages six (6) and younger.** A parent/guardian must remain available to at the facility for the entire duration of the 40-minute class.
- Parents/guardians of **students (ages 3-5)** may wait on the bleachers.
- Infant/Toddler **students (ages 2 and younger)** require a parent/guardian to accompany them *in the water* for the entire duration of the 40-minute class.
- **Yes, for students ages seven (7) and up**, after the student is under the **direct supervision** of their instructor. Parents must return at least five minutes prior to the end of class to meet and pick-up their student. Late pick-ups will incur a \$10 fee.

Is there somewhere I can change clothes?

Yes, changing areas and showers are available in both our women's and men's restrooms.

Children under the age of five (5) may accompany their parents in either restroom. Children ages six (6) and older who still require parental assistance changing may use the fitting room inside the swim shop.



Can I enter the water before class or stay in after?

No. We do not allow students in the water without direct instructor supervision.

Where can I sit and wait for class?

Bleacher seats are available poolside, big pool only.

The small pool area is not available for seated or standing observation.

Parents must vacate the pool deck area and within the first two minutes of class for safety and to avoid distraction. If you want to document a swimming milestone with a picture/video, please do so within two minutes or less.

How do I know who my instructor is and where to go?

Instructors will call out students' names right before your class is scheduled to start.

You can also check with a swim shop associate.

What if I don't hear an instructor call my name?

Ask for help from a swim shop associate right away. They can verify your class and direct you to the right instructor.

How do I know if I'm in the right class level?

Skill knowledge and performance are evaluated on the first day to ensure all students are properly placed. If the instructor recommends a different level, see the shop/office staff to make the necessary modifications to your registration. Free evaluations may be scheduled in advance through a swim shop associate if you want to verify your skill knowledge before the first day of class.

I have a disability; can I take a group class?

Students with disabilities often thrive in group classes. Students must be able to wait their turn, follow directions, and remain with the class instructor for the entire 40-minute class. Please note your disability at registration and notify the instructor the first day.

I am afraid to swim, or have had a bad experience with water; can you help me?

Yes. Please notify the instructor in advance, before the class begins.