

SWIMATLANTA – HAMILTON MILL – SWIM LESSON SCHEDULE



PREREQUISITES	SKILLS GOAL
INF/TOT: Parent in the water w/student	Water Safety & Swimming Motor Skills
PS1: None PS2: Comfortable in water	Water Safety & Intro to water (PS1) / Swim 5 ft Independantly (PS2)
PS3: Can swim 5 ft independantly	Freestyle 15 ft with independent breathing & kicking on back
PS4: Can swim 15 ft independantly	Freestyle w/side breathing & backstroke for 45 ft
GS1/AB: None	Freestyle & Backstroke for 45 ft
GS2: Can swim 45 ft of Free & Back	Freestyle w/side breathing & Backstroke for 25 yds
GS3/AI: Can swim 25 yds Free & Back	Freestyle & Backstroke for 50 yds, Intro to Breast/Butterfly/Diving
PC1: Can swim 50 yds Free & Back	Legal Breaststroke & Butterfly
PC2/ASC: Can swim 25 yds legal Breast & Fly	Swim Team & Racing Preperation

<p>MARCH - 1 CLASS A WEEK x 4 WEEKS (4 CLASSES) = \$100</p> <p>APRIL - 1 CLASS A WEEK x 4 WEEKS (4 CLASSES) = \$100</p> <p>MAY - 1 CLASS A WEEK x 4 WEEKS (4 CLASSES) = \$100</p>	<p>2 CLASSES A WEEK x 4 WEEKS (8 CLASSES) = \$190</p> <p>2 CLASSES A WEEK x 4 WEEKS (8 CLASSES) = \$190</p> <p>2 CLASSES A WEEK x 4 WEEKS (8 CLASSES) = \$190</p>
--	--

AGES	CLASS NAME	MON	TUES	WED	THUR	SAT
6 Months - 3 Years	Infant/Toddler INF/TOT	x	x	x	x	9:00 AM
Preschool Levels 3-5 Years	Preschool PS1/PS2	5:40 PM	5:40 PM 6:30 PM	5:40 PM	5:40 PM 6:30 PM	9:50 AM 11:30 AM
	Preschool PS3	6:30 PM	4:50 PM 6:30 PM	6:30 PM	4:50 PM 6:30 PM	10:40 AM
	Preschool PS4	4:50 PM	x	4:50 PM	x	x
Grade School Levels 6-12 Years	Grade School GS1	4:50 PM 7:20 PM	4:50 PM 5:40 PM 7:20 PM	4:50 PM 7:20 PM	4:50 PM 5:40 PM 7:20 PM	9:50 AM 12:30 PM 1:20 PM
	Grade School GS2	5:40 PM	4:50 PM 7:20 PM (SP)	5:40 PM	4:50 PM 7:20 PM(SP)	10:40 AM 1:20 PM
	Grade School GS3	6:30 PM	7:20 PM	6:30 PM	7:20 PM	11:30 AM
Swim Team Prep 6-12 Years	PreCompetitive PC1	7:20 PM	5:40 PM	7:20 PM	5:40 PM	1:20 PM
	PreCompetitive PC2	7:20 PM	6:30 PM	7:20 PM	6:30 PM	1:20 PM
Teen & Adult Levels 13+ Years	Adult Beginner AB	8:10 PM	8:10 PM	8:10 PM	8:10 PM	2:10 PM
	Adult Intermediate AI	8:10 PM	8:10 PM	8:10 PM	8:10 PM	2:10 PM
	Adult Stroke Clinic ASC	8:10 PM	8:10 PM	8:10 PM	8:10 PM	2:10 PM

Classes are 40 minutes – Benches are reserved for Swim Team social distancing – If Swim Team is in practice for the day; Parents are only allowed to watch the last five minutes of class from the front door / shop area.

*Register online, in person or over the phone * 10% Discount for Online & Consecutive Enrollments
Make-up classes \$10 without a Dr's note, subject to availability within the same session as the missed class.

SWIMATLANTA – HAMILTON MILL – SWIM LESSON SCHEDULE

MAR 2022						
SUN	M	T	W	TH	F	SAT
	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SESSION DATES:

2/28, 3/7, 14, 21, 28 MON CLASSES

1, 8, 15, 22, 29 TUES CLASSES

2, 9, 16, 23, 30 WED CLASSES

3, 10, 17, 24, 31 THURS CLASSES

5, 12, 19, 26 SAT CLASSES

6, 13, 20, 27 SUN CLASSES

APR 2022						
SUN	M	T	W	TH	F	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

SESSION DATES:

11, 18, 25 MON CLASSES

12, 19, 26 TUES CLASSES

13, 20, 27 WED CLASSES

14, 21, 28 THURS CLASSES

9, 16, 23 SAT CLASSES

10, 17, 24 SUN CLASSES

*** SPRING BREAK APR 4-7 ***

MAY 2022						
SUN	M	T	W	TH	F	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SESSION DATES:

2, 9, 16, 23 MON CLASSES

3, 10, 17, 24 TUES CLASSES

4, 11, 18, 25 WED CLASSES

5, 12, 19, 26 THURS CLASSES

4/30, 5/7, 14, 21 SAT CLASSES

1, 8, 15, 22 SUN CLASSES

*Register online, in person or over the phone * 10% Discount for Online & Consecutive Enrollments
 Make-up classes \$10 without a Dr's note, subject to availability within the same session as the missed class.