

# SwimAtlanta Hamilton Mill Fall 2021-2022 Schedule

Starts August 16th, Ends TBD

ALL SWIMMERS MUST PURCHASE THEIR OWN EQUIPMENT (Mesh bag, fins, junior pull buoy, paddles (AG&up), snorkel, junior kickboard)

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Monthly Tuition
<b>Senior</b> -Designed for committed and highly motivated swimmer, in hopes of achieving regionals and state level time standards. Meet participation is mandatory.	2:30-4:30pm	2:30-4:30pm	2:30-4:30pm	2:30-4:30pm	2:45-4:30pm	8-9:30am	\$258
<b>Senior 2-</b> Designed for committed and highly motivated swimmer, in hopes of achieving regionals and state level time standards. Meet participation is mandatory.	4:30-6pm		4:30-6pm		2:30-4:30pm	8-9:30am	\$237
<b>Pre-Senior</b> -Provides the opportunity for middle school swimmers to master stroke techniques, and learn advanced training methods for high school and senior levels.		6:30-8pm		6:30-8pm	4:30-6pm	8-9:30am	\$226
<b>Age Group-</b> An advanced opportunity for highly committed and motivated age group swimmers to focus on conditioning and training consistently, refining technique remains priority while strengthening understanding of training methods.		5:15-6:30pm		5:15-6:30pm	6-7:15pm	9:30-10:45am	\$214
<b>Junior</b> - Offers more advanced young swimmers the opportunity to learn advanced training methods and still focus on improving technique in all aspects of the sport.	7-8:15pm		7-8:15pm		7:15-8:30pm	10:45am-12pm	\$202
<b>Bronze</b> -An intermediate level practice group that introduces swimmers to conditioning methods, with a large focus on improving technique in all aspects of the sport.	6-7pm		6-7pm		5-6pm	10:30-11:30am	\$162
<b>Blue-</b> A beginning practice level group that focuses mainly on improving techniques in all aspects of the sport.	4:30-5:15pm	4:30-5:15pm		4:30-5:15pm		9:45-10:30am	\$139
<b>Red-</b> Designed to introduce beginner level swimmers to the team and sport of competitive swimming. Must be 7 years or older, and legal in all 4 competitive strokes. Will run in 4 week sessions to prepare swimmers for team. After 4 weeks, swimmers will be given new group placement			4:30-5pm			11:30am-12pm	\$123
<b>Pre Senior AM-</b> Provides the opportunity for middle school swimmers to master stroke techniques, and learn advanced training methods for high school and senior levels.		6:45-8:15am	6:45-8:15am	6:45-8:15am	6:45-8:15am		226
<b>Masters</b> -Will receive 4 written workouts per week. Will NOT have any coached practices or designated practice times. Billed in 11 monthly instalments. Sept - July.	Lap Swim		\$30				
<b>Homeschool-</b> Swimmers attend 2 practices a week in their respected group placement.	Check with Coach	\$99					

\*Subject to change