

SWIMATLANTA SUGARLOAF
Practice Schedule for Fall 2021-Spring 2022
Fall Practice begins on August 16th 2021

TRYOUTS AND TEAM PLACEMENTS ARE DONE ON AN INDIVIDUAL BASIS.

For new swimmer group placement, please call 678-442-7946 or scot@swimatlanta.com. After being evaluated, swimmers will complete the online registration process and submit payment for the \$199 registration fee.

Team	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Fees
SELECT – designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving national level status. <i>Coach Chris</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	7-9AM	9 monthly installments of \$328 from Sept.-May covers 12 months of swimming
PRE-SELECT - designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving state/national level status. <i>Coach Jordan.</i>	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	2:45-4:45PM	7-9AM	9 monthly installments of \$328 from Sept.-May covers 12 months of swimming
SENIOR I – designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. <i>Coach Scot</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	5-6:30AM	5-6:45PM	5-7PM	5-6:45PM	4:45-6:45PM	7-9AM	9 monthly installments of \$299 from Sept.-May covers 12 months of swimming
SENIOR – provides the opportunity for more advanced age group or older swimmers to move up to senior level swimming. <i>Coach Scot</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm	2:45-4:15PM	9-10:30AM	9 monthly installments of \$267 from Sept.-May covers 12 months of swimming
PRE-SENIOR – provides the opportunity for middle school students to get ready for the senior level. <i>Coach Scot</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm		9-10:30AM	9 monthly installments of \$267 from Sept.-May covers 12 months of swimming
AGE GROUP – provides the committed and motivated young swimmers an opportunity to practice more and improve more rapidly. <i>Coach Chris Jr.</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	5:00-7:00PM	5:00-7:00PM	5:00-7:00PM	5:00-7:00PM	5:00-7:00PM	7-9AM	9 monthly installments of \$281 from Sept.-May covers 12 months of swimming
DIAMOND – provides seriously committed young swimmers an opportunity to practice and improve more rapidly. <i>Coach Jordan</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	6:15-7:45PM	9:00-10:30AM	9 monthly installments of \$269 from Sept.-May covers 12 months of swimming
GOLD – offers more 12-14 year old swimmers an opportunity to improve stroke and turn techniques. <i>Coach Caleb</i> *SWIMMERS CAN ATTEND UP TO 6 PRACTICES PER WEEK*	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	6:45-8:15pm	9:00-10:30AM	9 monthly installments of \$267 from Sept.-May covers 12 months of swimming
SILVER – offers more advanced young swimmers an opportunity to improve stroke and turn techniques. <i>Coach Kyril</i> *SWIMMERS CAN ATTEND UP TO 4 PRACTICES PER WEEK*	7:00-8:15PM	7:00-8:15PM	7:00-8:15PM	7:00-8:15PM	7:00-8:15PM	10:30-11:45AM	9 monthly installments of \$213 from Sept.-May covers 12 months of swimming
BRONZE – an intermediate level practice group that introduces swimmers to conditioning techniques. <i>Coach Caleb/Kyra</i> *SWIMMERS CAN ATTEND UP TO 4 PRACTICES PER WEEK*	5:45-6:45PM	5:45-6:45PM	5:45-6:45PM	5:45-6:45PM	5:00-6:15PM	10:30-11:45AM	9 monthly installments of \$194 from Sept.-May covers 12 months of swimming
BLUE – a beginning level practice group that emphasizes stroke and turn techniques. <i>Coach Caleb/Kyril</i> *SWIMMERS CAN ATTEND UP TO 4 PRACTICES PER WEEK*	5:00-5:45PM	4:15-5:00pm	5:00-5:45PM	4:15-5:00PM	4:15-5:00PM	11:45-12:30PM	9 monthly installments of \$152 from Sept.-May covers 12 months of swimming
RED – designed to start young swimmers into the sport of swimming. <i>Coach Caleb/Kyra</i> *SWIMMERS CAN ATTEND UP TO 3 PRACTICES PER WEEK*	4:15-5:00pm	5:00-5:45PM	4:15-5:00pm	5:00-5:45PM		11:45-12:30PM	9 monthly installments of \$116 from Sept.-May covers 12 months of swimming

HOME SCHOOL SWIM TEAMS

PLATINUM – provides advanced and seriously committed swimmers an opportunity to improve more rapidly. <i>Coach Jordan</i>	1:30-2:45pm		1:30-2:45pm		1:30-2:45pm	TBA	9 monthly instalments of \$116 from Sept.-May covers 12 months of swimming
WHITE II – an intermediate level that improves stroke and turn techniques as well as introduces swimmers to conditioning techniques. <i>Coach Jordan</i>	1:30-2:30pm		1:30-2:30pm		1:30-2:30pm	TBA	9 monthly instalments of \$99 from Sept.-May covers 12 months of swimming
WHITE I – a beginning level designed to start young swimmers into the sport of swimming, emphasizing stroke and turn techniques. <i>Coach Jordan</i>	1:30-2:15pm		1:30-2:15pm		1:30-2:15pm	TBA	9 monthly instalments of \$87 from Sept.-May covers 12 months of swimming
MASTERS							
MASTERS - Adult swim team with organized practices led by a coach. <i>Afternoon Practices-Coach Scot</i>	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm		\$82 per month

* Saturday Home School practices are combined with our regular swim team.