



SwimAtlanta - Johns Creek

2025 - 2026 Practice Schedule and Fees
(Pay 9 months, get 3 months free. No contract.)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Tuition
Senior Select	For serious senior level swimmers at the National, Sectional, and State level. Drylands directed by the coaching staff. Meet participation is required.	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	5:30 to 7:15am	7:00 to 9:30am		\$427 per month
Senior Gold	This group is for those ready to take their performance to the next level, with an emphasis on intensive training, strategic development, and high-level meet participation. Swimmers are expected to maintain excellent attendance, meet specific time standards, and participate in all team meets, including travel meets.	7:15 to 8:30pm	7:15 to 8:30pm	7:15 to 8:30pm	7:15 to 8:30pm		9:30 to 11:00am		\$326 per month
Senior 2A	Provides swimmers an opportunity to practice more in an atmosphere in which to sharpen their physical fitness and practice technique to excel in High School swimming.	8:30 to 9:30pm	8:30 to 9:30pm	8:30 to 9:30pm	8:30 to 9:30pm				\$257 per month
Senior 2B (pick 2 days)									\$214 per month
Senior 2C (pick 1 day)									\$134 per month
Advance Age Group	Designed for middle school aged swimmers wanting a more challenging practice to improve their skills more rapidly. These swimmers are prepared to begin move advanced training methods. Meet participation is required, with 1-3 meets a year being out of town.	6:15 to 7:45pm	6:15 to 7:45pm	6:15 to 7:45pm	6:15 to 7:45pm		9:30 to 11:00am		\$331 per month
Age Group I	For advance young age group swimmers who have developed, but still can improve upon on proper stroke, starts and turn techniques. Conditioning techniques are introduced. Meet participation is required, with 1-3 meets a year being out of town.	6:15 to 7:15pm		6:15 to 7:15pm		5:45 to 6:45pm	11:00 to 12:00pm		\$299 per month
Age Group II			6:15 to 7:15pm		6:15 to 7:15pm	5:45 to 6:45pm	11:00 to 12:00pm		
Blue 1	For middle school age swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is recommended.	7:45 to 8:30pm				6:45 to 7:30pm	12:00 to 12:45pm		\$214 per month
Blue 2			7:45 to 8:30pm			6:45 to 7:30pm	12:00 to 12:45pm		\$214 per month
Blue 3				7:45 to 8:30pm		6:45 to 7:30pm	12:00 to 12:45pm		\$214 per month
Blue 4					7:45 to 8:30pm		12:00 to 12:45pm	10:15 to 11:00am	\$214 per month
Blue 5						6:45 to 7:30pm	12:00 to 12:45pm	10:15 to 11:00am	\$214 per month
Blue AM			6:45 to 7:30AM	6:45 to 7:30AM	6:45 to 7:30AM				\$150 per month
White 1	For swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is highly recommended with swimmers being invited to select local USA Swimming meets.	4:30 to 5:15pm		4:30 to 5:15pm		4:45 to 5:45pm			\$192 per month
White 2			4:30 to 5:15pm		4:30 to 5:15pm	4:45 to 5:45pm			
White 3						4:45 to 5:45pm		10:15 to 11:00am	
Red 1	Designed to start elementary age swimmers into the sport of swimming. Focuses on basic swimming techniques in a rewarding environment. SwimAtlanta Splash meet participation is encouraged.	3:45 to 4:30pm		3:45 to 4:30pm		4:00 to 4:45pm			\$129 per month
Red 2			3:45 to 4:30pm		3:45 to 4:30pm	4:00 to 4:45pm			
Red 3						4:00 to 4:45pm		10:15 to 11:00am	