



May 31st - July 22th



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**SWAT GT Summer 2021 LCM Practice Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Bronze</b>	<b>Bronze</b>	<b>Bronze</b>	<b>Bronze</b>	<b>Bronze</b>	<b>Bronze</b>	<b>Bronze</b>
12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	NO PRACTICE	NO PRACTICE	8:00am-9:00am	NO PRACTICE
<b>Silver</b>	<b>Silver</b>	<b>Silver</b>	<b>Silver</b>	<b>Silver</b>	<b>Silver</b>	<b>Silver</b>
12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	NO PRACTICE	NO PRACTICE	8:00am-9:00am	NO PRACTICE
<b>Gold</b>	<b>Gold</b>	<b>Gold</b>	<b>Gold</b>	<b>Gold</b>	<b>Gold</b>	<b>Gold</b>
12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	NO PRACTICE	8:00am-9:00am	NO PRACTICE
<b>AAG</b>	<b>AAG</b>	<b>AAG</b>	<b>AAG</b>	<b>AAG</b>	<b>AAG</b>	<b>AAG</b>
1:00pm-3:00pm	1:00pm-2:30pm	7:00-8:30am / 1:00-3:00pm	1:00pm-2:30pm	7:00-8:30am / 1:00-3:00pm	6:00am-8:00am	NO PRACTICE
<b>Senior 2</b>	<b>Senior 2</b>	<b>Senior 2</b>	<b>Senior 2</b>	<b>Senior 2</b>	<b>Senior 2</b>	<b>Senior 2</b>
7:00am-9:00am	7:00-9:00am / 1:30-3:00pm	7:00-9:00am / 1:00-3:00pm	7:00-9:00am / 1:30-3:00pm	1:00pm-3:00pm	6:00am-8:00am	NO PRACTICE
<b>Senior 1</b>	<b>Senior 1</b>	<b>Senior 1</b>	<b>Senior 1</b>	<b>Senior 1</b>	<b>Senior 1</b>	<b>Senior 1</b>
7:00-9:00am / 1:00-3:00pm	6:30-9:00am / 1:00-3:00pm	7:00am-8:30am	6:30-9:00am / 1:00-3:00pm	7:00am-9:00am	6:00am-8:00am	NO PRACTICE
<b>National</b>	<b>National</b>	<b>National</b>	<b>National</b>	<b>National</b>	<b>National</b>	<b>National</b>
7:00-9:00am / 1:00-3:00pm	6:30-9:00am / 1:00-3:00pm	7:00am-8:30am	6:30-9:00am / 1:00-3:00pm	7:00am-9:00am	6:00am-8:00am	NO PRACTICE
<b>Masters</b>	<b>Masters</b>	<b>Masters</b>	<b>Masters</b>	<b>Masters</b>	<b>Masters</b>	<b>Masters</b>
12:00pm-1:00pm	*7:00-8:00am / 12:00-1:00pm*	12:00pm-1:00pm	*7:00-8:00am / 12:00-1:00pm*	12:00pm-1:00pm	NO PRACTICE	NO PRACTICE

**Masters Athletes:** Please pick one of two practices to attend on Tuesday/Thursday as we will only have one lane in the morning.

SwimAtlanta members must enter and exit the facility through the side entrance along Tech Parkway.

Masks are required inside the facility. Bring your mask to your lane.

For parking permit purchase, please visit the member services desk in the lobby of the CRC.

**Dryland Schedule: (bring athletic shoes and shorts)**

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
AAG	none	AAG	2-2:30pm	AAG	none	AAG	2-2:30pm	AAG	none	AAG	none	AAG	none
S2	none	S2	1-1:30pm	S2	none	S2	1-1:30pm	S2	none	S2	none	S2	none
S1	none	S1	6:30-7am	S1	8:30-9am	S1	6:30-7am	S1	none	S1	none	S1	none
Nat	none	Nat	6:30-7am	Nat	8:30-9am	Nat	6:30-7am	Nat	none	Nat	none	Nat	none