

Swim Atlanta Midway
2021 Long Course Practice Schedule
 Schedule begins Tuesday, June 1st

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National	7:00 – 9:00 am CAC 2:00 - 5:00 pm SA		7:00 – 9:00 am CAC 2:00 - 5:00 pm SA		6:00 - 8:00 am SA	6:00 - 8:00 am CAC
Senior 1		7:00 – 9:00 am CAC 2:00 - 4:30 pm SA		6:00 – 8:00 am CAC 2:00 - 4:00 pm SA	8:00 - 10:30 am SA	6:00 - 8:00 am CAC
Senior 2		9:00 – 10:30 am CAC		8:00 – 9:30 am CAC 7:00 – 8:30 pm SA		6:00 – 7:30 am SA
Senior 3	8:30 – 9:30 pm SA	No Practice	8:30 – 9:30 pm SA	No Practice	1:30 – 2:30 pm SA	7:30 – 8:30 am SA
Advanced Age Group	9 – 10:30 am CAC		9 – 10:30 am CAC	9:30 – 11:00 am CAC		9:30 – 11:00 am SA
Age Group 1	10:30 -11:30 am CAC		10:30 – 11:30 am CAC	No Practice		8:30 – 9:30 am SA
Age Group 2						
Gold		10:30 – 11:30 am CAC				11:00 am– 12:00 pm SA
Blue		No Practice				
Red						

All practices will be held at Swim Atlanta’s Midway pool unless noted

* CAC = Cumming Aquatic Center SA = Swim Atlanta