

SWIMATLANTA SUGARLOAF
Practice Schedule for Fall 2020 - Spring 2021
Fall Practice begins on Monday, August 31st

TRYOUTS AND TEAM PLACEMENTS ARE DONE ON AN INDIVIDUAL BASIS.

For new swimmer group placement, please call 678-442-7946 or scot@swimatlanta.com. After being evaluated, swimmers will complete the online registration process and submit payment for the \$199 registration fee.

Team	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Fees
SELECT – designed for the swimmer who has achieved a high level of proficiency and is willing for complete dedication to achieving national level status. <i>Coach Chris</i>	2:45-4:45PM	5-6:30AM	2:45-4:45PM	5-6:30AM	2:45-4:45PM	7-9AM		9 monthly installments of \$309 from Sept.-May covers 12 months of swimming
PRE-SELECT - designed for swimmers who have achieved a high level of proficiency and is willing to show commitment in attendance, dedication, and striving to compete at the next level. <i>Coach Jordan</i>	5-6:30AM	2:45-4:45PM	5-6:30AM	2:45-4:45PM	2:45-4:45PM	7-9AM		9 monthly installments of \$309 from Sept-May covers 12 months of swimming
SENIOR I – designed for swimmers who have achieved a high level of proficiency and want to participate in challenging practices. <i>Coach Scot</i>	5-6:30AM	5-6:45PM	5-7PM	5-6:45PM	4:45-6:45PM	7-9AM		9 monthly installments of \$285 from Sept.-May covers 12 months of swimming
SENIOR – provides the opportunity for more advanced age group or older swimmers to move up to senior level swimming. <i>Coach Scot</i>	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm		9-10:30AM		9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
PRE-SENIOR – provides the opportunity for middle school students to get ready for the senior level. <i>Coach Scot</i>	5-6:30PM	6:45-8:15pm	5-6:30PM	6:45-8:15pm		9-10:30AM		9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
AGE GROUP – provides the committed and motivated young swimmers an opportunity to practice more and improve more rapidly. <i>Coach Chris Jr.</i>	5:00-7:00PM	5:00-6:45PM	6:30-8AM	5:00-6:45PM	4:45-6:45PM	9-11AM		9 monthly installments of \$265 from Sept.-May covers 12 months of swimming
DIAMOND – provides seriously committed young swimmers an opportunity to practice and improve more rapidly. <i>Coach Jordan</i>	6:45-8:15pm	6:30-8AM	6:45-8:15pm		6:45-8:15PM	10:30-12PM		9 monthly installments of \$254 from Sept.-May covers 12 months of swimming
GOLD – offers more 12-14 year old swimmers an opportunity to improve stroke and turn techniques. <i>Coach Caleb</i>		6:45-8:15pm	6:45-8:15pm	6:45-8:15pm		11-12:30PM	Make Up 1-2:30PM	9 monthly installments of \$252 from Sept.-May covers 12 months of swimming
SILVER – offers more advanced young swimmers an opportunity to improve stroke and turn techniques. <i>Coach Kyra</i>	7:00-8:15pm		7:00-8:15pm		7:00-8:15pm	11-12:15PM	Make Up 1-2:30PM	9 monthly installments of \$201 from Sept.-May covers 12 months of swimming
BRONZE – an intermediate level practice group that introduces swimmers to conditioning techniques. <i>Coach Caleb/Kyra</i>		7-8:15PM		7-8:15PM	7-8:15PM	11-12:15PM	Make Up 1-2:30PM	9 monthly installments of \$183 from Sept.-May covers 12 months of swimming

BLUE – a beginning level practice group that emphasizes stroke and turn techniques. <i>Coach Caleb/Kyra</i>	4:15-5PM	4:15-5:00pm	4:15-5PM	4:15-5:00pm		12:15-1PM		9 monthly installments of \$143 from Sept.-May covers 12 months of swimming
RED – designed to start young swimmers into the sport of swimming. <i>Coach Caleb/Kyra</i>	4:15-5:00pm	4:15-5PM	4:15-5:00pm	4:15-5PM		12:15-1PM		9 monthly installments of \$109 from Sept.-May covers 12 months of swimming
HOME SCHOOL SWIM TEAMS								
PLATINUM – provides advanced and seriously committed swimmers an opportunity to improve more rapidly. <i>Coach Jordan</i>	1:30-2:45pm		1:30-2:45pm		1:30-2:45pm	TBA		9 monthly installments of \$109 from Sept.-May covers 12 months of swimming
WHITE II – an intermediate level that improves stroke and turn techniques as well as introduces swimmers to conditioning techniques. <i>Coach Jordan</i>	1:30-2:30pm		1:30-2:30pm		1:30-2:30pm	TBA		9 monthly installments of \$94 from Sept.-May covers 12 months of swimming
WHITE I – a beginning level designed to start young swimmers into the sport of swimming, emphasizing stroke and turn techniques. <i>Coach Jordan</i>	1:30-2:15pm		1:30-2:15pm		1:30-2:15pm	TBA		9 monthly installments of \$82 from Sept.-May covers 12 months of swimming
MASTERS								
MASTERS - Adult swim team with organized practices led by a coach. <i>Afternoon Practices-Coach Scot</i>	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm	12:00-1:00pm			\$77 per month for 11 months (no August billing)

* Saturday Home School practices are combined with our regular swim team.