

# Swim Atlanta Covid-19 Guidelines and Protocols

## *Swim Atlanta Families:*

First and foremost, swimmers and coaches' safety still is the number one priority as we lay out a plan to slowly and safely open up for outdoor fall swim practice's. We still want everyone to make their own decision on when they feel safe returning to practice and expect a team effort in helping us keep our environment safe. We will be sanitizing the best we can and practicing social distancing from the swimmers. We will not be taking this lightly and understand how serious this is. We expect you and your swimmer to seriously follow the guidelines and protocols laid out below to help us navigate thru these times. The following guidelines will be kept in place until further notice. ***(All guidelines and protocols are subject to change as we keep current with the guidelines provided by the State.)***

## Guidelines:

Kids must social distance themselves 6 feet away from each other at all times.

We will be swimming from both ends of the pool with 6 kids maximum in each lane. We will have two swimmers at the pump house side, 2 swimmers at the wall and the other under the flags, with 2 swimmers at the far end in the same positions.

We will be using two different gates for entry and exit to the pool deck, the main gate by the pump house will be used for entry and the far gate at the end of the pool will be used for exit.

If you are not feeling well, PLEASE STAY HOME!!!

## Protocols

- There will be no parents allowed on the deck. You may drop them off and wait in your car or you may leave campus and pick them up at the end of practice.
- Locker rooms will be closed and bathrooms will be used for an emergency use only. We will sanitize the bathrooms after each use.
- Make sure your swimmer has their suit on before coming to practice.
- We will have places spread out on the pool deck for your swimmer to keep their bag.
- Swimmers will immediately leave pool deck once practice is over.

***We realize this is a trying time for everyone and we are focused on creating the safest environment possible for our swimmers and coaches while we slowly and consciously open our doors back up. We do have some positives working in our favor, we will be swimming outside and Covid-19 is not transferred thru water. With that said, we will strictly enforce and follow the guidelines and protocols outlined above with safety being our number 1 priority.***

Practice Schedule starting August 17<sup>th</sup> until  
August 29<sup>th</sup>.

Senior I- ***Monday and Wednesday- 5:45am to 7:25am***

***Tuesday and Thursday- 4:00 to 6:00pm***

***Friday- 4:30 to 6:30pm and Saturday- 7 to 8:30am***

Senior II- ***Tuesday and Thursday-5:45am to 7:25am***

***Monday and Wednesday- 4:30 to 6pm***

***Friday- 4:30 to 6:30pm and Saturday- 8:30 to 10am***

AGE- ***Monday thru Thursday- 6pm to 7pm***

***Friday – 6:15am to 7:30am and Saturday 7 to 8:30am***

Silver- ***Monday thru Thursday 7pm to 8pm***

***Saturday- 11 to 12:15pm***

Bronze- *Monday, Wednesday and Friday*- **3:45pm to 4:45pm**

**Saturday- 10am to 11am**

Blue- *Tuesday and Thursday* **3:30pm to 4:30pm**

**Saturday- 10am to 11am**

Red – *Monday and Wednesday* **3:15 to 4pm**

*Saturday*- **10am to 11am**