

# SWIM ATLANTA SUGARLOAF

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4850 Sugarloaf Parkway Ste. 702 Lawrenceville, GA 30044

**August Weekend Sessions – 4 Classes for \$95.00**

**40 Minutes x 4 Saturdays OR 4 Sundays**

**August Saturdays (August 8, 15, 22, 29)**

**August Sundays (August 9, 16, 23, 30)**

SATURDAYS		SUNDAYS	
9:00 AM–9:40 AM	INF/TOT   GS2	11:00 AM–11:40 AM	AB
10:00 AM–10:40 AM	PS1   PS2	12:00 PM–12:40 PM	PS2   GS1
11:00 AM–11:40 AM	GS1   GS3	1:00 PM–1:40 PM	PS3   GS3
12:00 PM–12:40 PM	PS4   PC1	2:00 PM–2:40 PM	GS1   PC1
1:00 PM–1:40 PM	PS1   PC2	3:00 PM–3:40 PM	PS1   PC2
2:00 PM–2:40 PM	PS2   GS1	4:00 PM–4:40 PM	GS2   GS3
3:00 PM–3:40 PM	AI   GS2	5:00 PM–5:40 PM	INF/TOT   AB

**INFANT/TODDLER (6 months–3 years)** is the only PARENT-ASSISTED class we offer. Any non-potty-trained students require 3 layers – a disposable swim diaper, a reusable cover over the swim diaper, and a bathing suit. Parents/Guardians are to bring a swimsuit and towel.

**PRESCHOOL LEVELS (3–5 years)** **PS1** is for kids with little to no experience. **PS2** is for kids comfortable in the water, but not swimming independently. **PS3** is for kids swimming on their own at least 5-10 feet. **PS4** is for kids who can swim 15 feet and know intro to backstroke.

**GRADE SCHOOL LEVELS (6-12 years)** **GS1** is for beginner swimmers unable to swim at least 20 feet independently. **GS2** is for students learning freestyle and backstroke. **GS3** refines freestyle and backstroke technique, improves endurance, and introduces diving.

**PRECOMPETITIVE LEVELS** – PC1, PC2 (6-12 years) **PC1** introduces butterfly and breaststroke. **PC2** is a refresher on all 4 competitive strokes. It is the last level before swim team.

**ADULT LEVELS** – Adult Beginner (**AB**), Adult Intermediate (**AI**), and Adult Stroke Clinic (**ASC**) (Ages 13 Years and Up) require a swimsuit and towel. Goggles are also recommended.

**Registration is done in person, over the phone, or online. 10% OFF Sibling, Online, and Consecutive Enrollments. Discounts do not combine.**