

**\$150/\$140 August**  
19th, 21st, 23rd, 26th, 28th & 30th

**\$100/\$90 August**  
20th, 22nd, 27th & 29th

**Solo Private Lessons = \$50 / 30mins**

**Semi Private Lessons = \$70 / 30mins (\$35 per student)**  
*\*Contact Office previous to registration for class edit online\**

August 2019:: Mon, Wed & Fri		August 2019:: Tues & Thurs	
Inf/Tot	12:10pm	Inf/Tot	12:10pm
PS1	11:20am 1:50pm 3:50pm 5:40pm	PS1	4:40pm 6:30pm
PS2	1:00pm 3:50pm 4:40pm 6:30pm	PS2	11:20am 1:50pm 3:50pm 4:40pm 5:40pm
PS3	3:00pm 4:40pm 5:40pm 7:20pm	PS3	1:00pm 3:00pm 3:50pm 5:40pm 7:20pm
GS1	10:20am 3:00pm 3:50pm 4:40pm 6:30pm	GS1	1:00pm 4:40pm
PS4	1:50pm 6:30pm	PS4	10:20am 1:50pm 3:50pm
GS2	1:00pm 3:50pm 4:40pm	GS2	3:00pm 3:50pm 6:30pm 8:10pm
PS5	7:20pm	PS5	Not Offered
GS3	3:00pm 8:10pm	GS3	3:00pm 5:40pm
PC	5:40pm	PC	3:00pm 7:20pm
YA	Not Offered	YA	Not Offered
AB	Not Offered	AB	8:10pm
ASC	9:30am	ASC	9:30am



**Dive Clinic:: \$20/40mins 5:40--6:20pm**



- #1 | Saturday, September 7th
- #2 | Saturday, September 14th
- #3 | Saturday, September 21st
- #4 | Saturday, September 28th
- #5 | Saturday, October 5th
- #6 | Saturday, October 12th
- #7 | Saturday, October 19th
- #8 | Saturday, October 26th

Annual Registration::

**\$30 Annual Family Registration Fee.**  
Lap swimming is included in this fee for all immediate family members.  
This fee is automatically applied to your SwimAtlanta account annually every 365 days after your first online registration.

**INFANT & TODDLER CLASS: Ages 6 Months - 3 Years**

**Inf/Tot** [6 months—3 years] *Parent and child* participate in basic water adjustment and beginning skill activities

**PRESCHOOL CLASSES: Ages 2 Years - 12 Years**

**PS1** [ages 2.5-6] -*Bridges Infant/Toddler to Preschool Levels* - Introduction to swimming for nonswimmers who are hesitant in the water and need gentle instruction. *Under 3 years old must have evaluation previous to registration.*

**PS2** [ages 2.5-5] For children who are comfortable and confident with holding their face in the water at least 5 seconds and are ready to learn swimming without floatation

**PS3** [ages 2.5-5] For children who swim at least 5 feet by themselves and are ready for beginner's front crawl and an introduction to backstroke

**PS4** [ages 3-8] -*Bridges Preschool level into Gradeschool Level*- For children who swim at least 25 feet independently and are ready for advanced technique instruction in rotary breathing and backstroke

**PS5** [ages 4-12] -*Bridges Preschool into Gradeschool Endurance*- For children who swim 25 yards of freestyle and backstroke and are ready to focus on endurance with an introduction to butterfly, breaststroke and diving

**GRADESCHOOL CLASSES: Ages 4 Years - 15 Years**

**GS1** [ages 4-12] Introduction to swimming for non-swimmers who are mature and ready to be swim up to children who swim less than 20 feet with their face in the water

**GS2** [ages 5-13] For children who can swim at least 20 feet by themselves and are ready for advanced techniques in freestyle and backstroke

**GS3** [ages 5-13] For children who can swim freestyle with rotary breathing and backstroke for 45 feet; and are ready to focus on endurance building techniques and diving

**PC** [ages 5-13] Teaches butterfly and breaststroke to those who are already competent in freestyle and backstroke

**SC** [ages 6-15] Focusing on competitive swimming techniques for swimmers excelling in all 4 competitive strokes

**ADULT CLASSES: Ages 13 Years & Up**

**YADULT** [13—18] Young Adult who desires to learn better stroke techniques in a comfortable, age appropriate setting. Participants must swim a minimum 15 feet independently

**ADULT BEGINNER** [16+] For the adult who wishes to learn the basics of swimming while focusing on proper breathing techniques and backstroke

**Class Level Descriptions**

# Fall 2019 Swim Lesson Schedule: September & October



**\$100** per enrollment

(4 classes/\$25 per lesson)

**\$10 OFF** each additional enrollment  
within the same session

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
<b>Sept</b>	<b>September</b> 3rd,10th, 17th & 24th	<b>September</b> 4th,11th, 18th & 25th	<b>September</b> 5th,12th, 19th & 26th	<b>September</b> 6th,13th, 20th & 27th	<b>September</b> 7th,14th, 21st & 28th	<b>September</b> 8th,15th, 22nd & 29th	<b>September</b> 9th,16th, 23rd & 30th
<b>Oct</b>	<b>October</b> 1st,8th, 15th & 22nd	<b>October</b> 2nd,9th, 16th & 23rd	<b>October</b> 3rd,10th, 17th & 24th	<b>October</b> 4th,11th, 18th & 25th	<b>October</b> 5th,12th, 19th & 26th	<b>October</b> 6th,13th, 20th & 27th	<b>October</b> 7th,14th, 21st & 28th
<b>INF/ TOT</b>	12:10pm	Not Offered	10:20am	10:20am	9:30am	9:30am	12:10pm
<b>PS1</b>	4:40pm 6:30pm	10:20am 1:50pm  3:50pm 5:40pm 7:20pm	3:00pm 4:40pm 5:40pm	11:20am 1:50pm 5:40pm	11:20am 3:50pm	1:00pm 3:50pm  5:40pm	11:20am 1:50pm  3:50pm 5:40pm
<b>PS2</b>	11:20am 1:50pm  3:50pm 4:4pm 5:40pm	3:50pm 4:40pm 6:30pm	12:10pm 3:50pm  4:40pm 6:30pm	12:10pm 3:00pm  5:40pm	10:20am 1:00pm  5:40pm	10:20am 12:10pm  4:40pm	1:00pm 3:50pm  4:40pm 6:30pm
<b>PS3</b>	1:00pm 3:00pm  3:50pm 5:40pm 7:20pm	12:10pm 3:00pm  5:40pm	1:00pm 3:00pm 3:50pm  5:40pm 7:20pm	1:00pm 4:40pm 6:30pm	10:20am 12:10pm  3:00pm 4:40pm	11:20am 3:00pm	3:00pm 4:40pm  5:40pm 7:20pm
<b>GS1</b>	1:00pm 4:40pm	1:00pm 3:00pm  6:30pm 7:20pm	3:00pm 3:50pm 6:30pm	1:50pm 3:50pm  6:30pm 7:20pm	9:30am 12:10pm  1:50pm 3:50pm	10:20am 12:10pm  1:50pm 4:40pm	10:20am 3:00pm  3:50pm 4:40pm 6:30pm
<b>PS4</b>	10:20am 1:50pm  3:50pm	11:20am 3:00pm  4:40pm	4:40pm	3:00pm 4:40pm 6:30pm	3:00pm	1:50pm 5:40pm	1:50pm 6:30pm
<b>GS2</b>	3:00pm 3:50pm  6:30pm 8:10pm	1:50pm 6:30pm 8:10pm	11:20am 1:50pm 3:50pm  4:40pm 6:30pm 8:10pm	3:00pm 3:50pm  4:40pm 8:10pm	9:30am 12:10pm  1:50pm 4:40pm	10:20am 3:00pm	1:00pm 3:50pm  4:40pm
<b>PS5</b>	Not Offered	5:40pm	5:40pm	5:40pm	10:20am	3:00pm	7:20pm
<b>GS3</b>	3:00pm 5:40pm	3:00pm 4:40pm	3:00pm	7:20pm	3:00pm	11:20am 1:50pm	3:00pm 8:10pm
<b>PC</b>	3:00pm 7:20pm	3:50pm	7:20pm	7:20pm 8:10pm	11:20am 3:50pm	1:00pm	5:40pm
<b>SC</b>	Not Offered	Not Offered	Not Offered	Not Offered	4:40pm	12:10pm 4:40pm	Not Offered
<b>YA</b>	Not Offered	Not Offered	Not Offered	8:10pm	1:50pm	3:50pm	Not Offered
<b>AB</b>	8:10pm	9:30am 8:10pm	9:30am 8:10pm	9:30am	1:00pm 5:40pm	9:30am	Not Offered
<b>ASC</b>	9:30am	Not Offered	Not Offered	Not Offered	Not Offered	9:30am 5:40pm	9:30am