

**METRO DIVISIONAL  
CHAMPIONSHIPS  
March 14<sup>th</sup>-16<sup>th</sup>, 2014**



**HOST TEAM:** Stingrays Swimming, Inc.

**FACILITY:** Mountain View Aquatic Center  
2650 Gordy Parkway  
Marietta, GA 30066  
770.509.4925

The Mountain View Aquatic Center is a 10 lane 50 meter by 25 yard, which will be set up for a 10-lane competition pool with start-end/turn-end depth varying between 5 and 6 feet and 10-lane warm-up/warm-down pool with an additional 5-lane 25 yard warm up/warm down pool. An Omega timing system with a ten-line scoreboard is used. Ample seating is available; however, no chairs other than those provided by the meet host may be used according to Cobb County Fire Marshall restrictions! Ample parking is also available.

The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming & Georgia Swimming.

**ELIGIBILITY:** Open to all Swimmers Registered with U. S. A. Swimming and Georgia Swimming that represent Swim Atlanta, Stingrays Swimming and the Dynamo Swim Club. Events for the 11-12 age group have been listed as 12-unders. This is to accommodate the swimmers whom age up from 10 to 11 during the week between Metro meets ONLY! Please adhere to this standard as this is NOT a meet designed for 10-under swimmers. No one under the age of 10 will be permitted to compete.

**ENTRY FEES:** Entry fees will be \$5.75 each for an individual event plus \$5.00 SA surcharge.

**CONCESSIONS:** Breakfast, lunch, and snack items will be for sale at the Aquatic Center for purchase by swimmers and spectators.

**RULES:**

The current United States Swimming (USA) Rules and Regulations will govern the conduct of the meet unless noted otherwise herein. All coaches and officials must wear current year USA BADGES on deck at all times.

**“Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. “**

All teams must sign the waiver on the Summary Sheet stating all swimmers and coaches participating in this meet are currently registered with United States Swimming. Membership applications will not be taken at this meet and Stingrays Swimming, Inc. will NOT permit unregistered swimmers to participate in this meet in any manner.

**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**

Swimmers are responsible for swimming in their assigned heat and lane. Dive-over starts may be utilized at the discretion of the meet management and officials.

**FORMAT:**

The 400 IM, 500 & 1000 Free will be swum as a Timed Finals event. These events will be **Senior seeded** and divided back out by the three age groups for results and awards. All swimmers competing in the 500 & 1000 Free are responsible a lap counter for their event. The 500 Free & 400 IM top 10 swimmers will compete at finals and the remainder of the heats swum in the preliminary session. All swimmers competing in the 1000 Free will swim in the AM session only. The 12-under 200 Back, Breast & Butterfly will be conducted as a timed finals event with the fastest 1 heat swimming at finals and the remainder of the heats swum in the preliminary session.

All other events for the 12-unders, 13-14 and Senior (15-Over) age groups will be swum on a Preliminary and Final basis. The Senior (15-Over) group will swim the top 30 qualifiers from prelims. During the finals, the championship final will be first, followed by the consolation final, followed by the bonus final. The 12-under & 13-14 groups will swim the top 20 qualifiers from prelims. During the finals, the championship final will be first, followed by the consolation final.

***Finals Warm Up time will be announced and posted after timeline has been established.***

The Meet Director and Meet Referee reserve the right to limit the 400 IM, 500 Free and 1000 Free. This decision will be made according to time line estimates.

***The host team reserves the right to modify warm-up and/or start times if required.***

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- TIME STANDARDS:** The time standard must have been achieved for the 400 IM, 500 Free and 1000 Free events. *If an athlete is not entered with at least the time standard for the event, they are considered not in the event and will not be seeded.*
- ENTRIES:** Swimmers may enter 3 individual events per day.
- SEEDING:** All individual events will be pre-seeded as Preliminaries, with the exception of the 500 Free, 400 IM and 1000 Free; which are timed final deck seeded events. The 12-under 200 Back, Breast & Fly will be pre-seeded as timed finals.
- SCRATCH RULE:** The Georgia Scratch Rule (adopted 4/18/10) will be in effect for all deck-seeded events during the conduct of this meet.
- WARM-UP:** In accordance with the Georgia LSC, there will be a strict warm-up procedure to be followed by all swimmers and coaches attending this meet. The warm-up procedure will be posted prior to the start of the meet warm-up for each session. Note that each team will be required to provide a USA certified coach to monitor its swimmers during the warm-up period.
- SCORING:** There will be no scoring
- AWARDS:** Medals will be awarded to the top 3 finishers and Ribbons will be awarded to the next 7 finishers in each individual event.
- LIABILITY:** Stingrays Swimming, Inc., Georgia Swimming, Inc., United States Swimming, Inc. and Cobb County Parks Recreation Dept. shall be held free and harmless from any and all liabilities.



**Friday Morning (12-under, 13 & Over Prelims)**  
**March 14, 2014**

**Warm-up: 7:00 - 8:00am**  
**Starts: 8:10 am**

**GIRLS**

**BOYS**

<i>Event #</i>	<i>Time Standard</i>	<i>EVENT</i>	<i>Time Standard</i>	<i>Event #</i>
1		12-under 200 IM		2
3		13 & Over 200 IM		4
5		12-under 50 Free		6
7		13 & Over 50 Free		8
9		12-under 50 Breast		10
11		13 & Over 200 Breast		12
13		12-under 100 Back		14
15		13 & Over 100 Back		16
17		12-under 200 Fly		18
<b>5-10 min break</b>				
19	13:20.99	13 & Over *1000 Free	13:09.99	20
21	13:59.99	12-under *1000 Free	13:59.99	22

*\*Note: The events numbered 19-22 the 1000 Fr is a senior seeded event.*

**Saturday Morning (12-under, 13 & Over Prelims)**  
**March 15, 2014**

**Warm-up: 7:00 - 8:00am**  
**Start: 8:10 am**

<i>Event #</i>	<i>Time Standard</i>	<i>EVENT</i>	<i>Time Standard</i>	<i>Event #</i>
23		12-under 200 Free		24
25		13 & Over 200 Free		26
27		12-under 100 Breast		28
29		13 & Over 100 Breast		30
31		12-under 100 Fly		32
33		13 & Over 100 Fly		34
35		12-under 200 Back		36
<b>5-10 min break</b>				
37	5:59.99	13 & Over *400 IM	5:39.99	38
39	6:49.99	12-under *400 IM	6:49.99	40

*\*Note: The events numbered 37-40 the 400 IM is a senior seeded event.*

**Sunday Morning (12-under, 13 & Over Prelims)**  
**March 16, 2014**

**Warm-up: 7:00 - 8:00am**  
**Meet Starts: 8:10am**

<i>Event #</i>	<i>Time Standard</i>	<i>EVENT</i>	<i>Time Standard</i>	<i>Event #</i>
41		12-under 50 Back		42
43		13 & Over 200 Back		44
45		12-under 100 Free		46
47		13 & Over 100 Free		48
49		12-under 50 Fly		50
51		13 & Over 200 Fly		52
53		12-under 200 Breast		54
<b>5-10 min break</b>				
55	6:29.99	13 & Over 500 Free	6:19.99	56
57	7:19.99	12-under 500 Free	7:19.99	58

*\*Note: The events numbered 55-58 the 500 Fr is a senior seeded event.*

Adopted by the HOD, April 18, 2010

## GEORGIA SWIMMING INC.

### SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2011 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

“207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).
- E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
  - (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

Georgia LSC Additions:

***Unless otherwise stated in the final sanctioned Meet Information:***

1. Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
2. In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats and the first and second alternates are those as identified on the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A “Positive check-in procedure” shall be used for deck seeded events. A swimmer’s intent to swim a race shall be denoted by the swimmers or swimmer’s coach’s initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD  
April 18, 2010