



# SwimAtlanta - Johns Creek

2023 - 2024 Practice Schedule and Fees

(Tuition is billed in 9 monthly installments September - May. No contract.)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Tuition
<b>Senior Select</b>	For serious senior level swimmers at the National, Sectional, and State level. Drylands directed by the coaching staff. Meet participation is required.	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	4:15 to 6:15pm	7:30 to 9:30am	\$375 per month
<b>Senior I</b>	For advanced & committed swimmers who have mastered stroke techniques, starts, turns and are prepared to begin advanced training methods. Meet participation is required, with 1-3 of them a year being out of town.	5:00 to 6:45pm	5:00 to 6:45pm	5:00 to 6:45pm	5:00 to 6:45pm	5:30 to 7:15am	7:30 to 9:30am	\$318 per month
<b>Senior 2</b>	Provides swimmers an opportunity to practice more in an atmosphere in which to sharpen their physical fitness and practice technique to excel in High School swimming.	8:15 to 9:30pm	8:15 to 9:30pm	8:15 to 9:30pm	8:15 to 9:30pm			\$262 per month
<b>Senior</b>	For swimmers who are confident with the four competitive strokes and are ready to learn more advanced stroke techniques, starts, turns, and conditioning. Meet participation is required, with 1-3 meets being out of town	6:45 to 8:15pm	6:45 to 8:15pm	6:45 to 8:15pm	6:45 to 8:15pm	6:45 to 8:00am	9:30 to 11:00am	\$305 per month
<b>Advance Age Group</b>	Designed for middle school aged swimmers wanting a more challenging practice to improve their skills more rapidly. These swimmers are prepared to begin move advanced training methods. Meet participation is required, with 1-3 meets a year being out of town.	7:15 to 8:15pm	7:15 to 8:15pm	7:15 to 8:15pm	7:15 to 8:15pm		9:30 to 11:00am	\$274 per month
<b>Age Group Gold</b>	For advance young age group swimmers who have developed, but still can improve upon on proper stroke, starts and turn techniques. Conditioning techniques are introduced. Meet participation is required, with 1-3 meets a year being out of town.	6:15 to 7:15pm		6:15 to 7:15pm		6:15 to 7:15pm	11:00 to 12:00pm	\$259 per month
<b>Age Group Silver</b>	An intermediate level practice group that introduces swimmers to conditioning methods, with a large focus on improving technique in all aspects of the sport. Meet participation is recommended.		6:15 to 7:15pm		6:15 to 7:15pm		11:00 to 12:00pm	\$239 per month
<b>Blue</b>	For middle school age swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is recommended.					7:15 to 8:00pm	12:00 to 12:45pm	\$174 per month
<b>Blue Saturday</b>							12:00 to 12:45pm	\$74 per month
<b>Blue AM</b>			6:45 to 7:30AM	6:45 to 7:30AM	6:45 to 7:30AM			\$129 per month
<b>White 1</b>	For swimmers who are comfortable with the four competitive strokes and are ready to learn more stroke techniques, starts, and turns. SwimAtlanta Splash meet participation is highly recommended with swimmers being invited to select local USA Swimming meets.	4:15 to 5:00pm		4:15 to 5:00pm		4:15 to 5:00pm		\$167 per month
<b>White 2</b>			4:15 to 5:00pm		4:15 to 5:00pm	4:15 to 5:00pm		
<b>White 3</b>						5:30 to 6:15pm		\$67 per month
<b>Red 1</b>	Designed to start elementary age swimmers into the sport of swimming. Focuses on basic swimming techniques in a rewarding environment. SwimAtlanta Splash meet participation is encouraged.	3:45 to 4:15pm		3:45 to 4:15pm		3:45 to 4:15pm		\$113 per month
<b>Red 2</b>			3:45 to 4:15pm		3:45 to 4:15pm	3:45 to 4:15pm		
<b>Red 3</b>						5:00 to 5:30pm		\$59 per month